

An award winning and highly experienced News Anchor with a proven track record in broadcasting and live breaking news.

ith more than 20 years working in media, great team building traits that mentor, inspire and encourage colleagues to take their work collectively to the next level. An extensive track record in gaining the trust of sources to deliver the stories that viewers want to know. Strong ability to maintain calm professional delivery of messages through live, breaking news and adverse circumstances. Very popular with viewers, authoritative, knowledgeable and accessible.



MAIN ANCHOR

WZVN (ABC 7)

JULY 2010-AUGUST 2011

Ft Myers-Cape Coral-Naples, Florida

Anchored and help produce 6, 7 and 11pm newscasts. Assist reporters in the planning and execution of their stories. Provide leadership and direction to newsroom staff.

MAIN ANCHOR

KBTV-TV (FOX 4)

SEPTEMBER 2006-SEPTEMBER 2009

Beaumont-Port Arthur, Texas

Anchor and help produce 4 and 9pm newscasts. Assist reporters in the planning and execution of their stories. Provide leadership and direction to newsroom staff. Produced fully-sponsored weekly franchise package called "Fit 4 Life."

REPORTER/FILL-IN ANCHOR

KTVT-TV (CBS 11)

KBAK-TV 29 (CBS)

SEPTEMBER 1997-AUGUST 2005

Dallas-Fort Worth, Texas

Reported live and in studio for various newscasts. Interview wide range of personalities on various newsworthy topics. Specialty: Aviation issues and health/fitness. Nominated for two Emmys while at the station.

ANCHOR/REPORTER

JUNE 1994-SEPTEMBER 1997

Bakersfield, California

Produced and anchored three newscasts Saturday and Sunday. Was back-up anchor weekdays. Won "Best Anchor," Class B Television from Associated Press California-Nevada Division. Won "Best Light Feature" from Radio-Television News Directors Association, Class B Television, 1994.

NEWS DIRECTOR/MORNING DRIVE ANCHOR

NEWSTALK 1410 KERN

NOV. 1993-DEC. 1995

Bakersfield, California

Supervised staff of two anchors, four reporters and two editors. Produced and coanchored morning drive and noon newscasts.

education

BACHELOR OF ARTS. HISTORY

CALIFORNIA STATE UNIVERSITY 1989-1991 Sacramento, California

ASSOCIATE ARTS

SAN JOAQUIN DELTA COLLEGE 1987-1989 Stockton, California



EXPERIENCE

Anchor

Reporter Producer

Editor

Writer

Emcee

Host

Live Appearances

Model

Competitive Bodybuilder

CAREER ACHIEVEMENTS

2009 Southeast Texas Press Club Award Winner, "Best Newscast"

2009 Southeast Texas Press Club Award winner, "Special Reports: Environmental"

> Nominated for two Heartland Emmys

Successfully progressed from a career in radio news to top ten television news

Named "Best Anchor" Class B Television APTRA California-Nevada

RTNDA "Golden Mike" Class B Television "Best Light Feature"